

# Cyber Protection Checklist

The educational checklist presented below is designed to help you take appropriate action to better protect you and your family and mitigate risk of cyber fraud. Carefully review the items in each of the categories below to determine which apply to your unique situation.

Topic	Actions to Consider	Completed?
<b>Device Management</b>	<p>Install the up-to-date antivirus and antispyware programs on all devices (PCs, laptops, tablets, smartphones) and update them regularly. Set them to run automatically.</p> <p>Access sensitive data only through a secure location or device; never access confidential personal data via a public computer.</p> <p>If you have children, set up a separate device they can use for games and other online activities.</p> <p>Update software as soon as new versions become available.</p> <p>Don't install pirated software, shareware, freeware. It could contain viruses or malware.</p> <p>Backup your devices regularly.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>
<b>Passwords</b>	<p>Use a password manager. These programs can create and maintain strong passwords but can be exploited if the vendor has a breach.</p> <p>Use a unique ID and password for each financial institution you access online.</p> <p>Avoid using common passwords and enable multi-factor authentication whenever available.</p> <p>Avoid storing passwords in email folders.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>
<b>Surfing the Web</b>	<p>Do not use unsecured or unknown wireless networks, such as those in public locations like hotels or coffee shops to access confidential personal data. These networks are highly susceptible to attacks or may be under the control of a fraudster.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>
<b>Social Media</b>	<p>Limit the amount of personal information you post on social media. Keep your Social Security Number, birthdate, home address, and phone numbers confidential.</p> <p>Don't post announcements about births, children's birthdays, the loss of loved ones, or upcoming vacation plans.</p> <p>Sharing too much information allows fraudsters to quickly pass a variety of tests related to the authentication of your personal information.</p> <p>Never underestimate the public sources that criminals will use to learn critical facts about people.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>
<b>Email Accounts</b>	<p>Delete any emails that include detailed financial information beyond the time needed. Avoid storing any personal or financial information in an email account.</p> <p>Enable multi-factor authentication on all your email accounts.</p> <p>Review unsolicited emails carefully. Never click links in unsolicited emails or in pop-up ads, especially those warning you take immediate action.</p> <p>Establish separate email accounts for personal correspondence and financial transactions.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>
<b>Financial Accounts</b>	<p>Setup a credit freeze with Experian®, TransUnion®, and Equifax®.</p> <p>Enroll in an identity theft protection service.</p> <p>Review all your credit card and financial statements as soon as they arrive or become available online. Report any suspicious transactions immediately.</p> <p>Never send account information or personally identifiable information over email, chat, text or any other unsecured channel.</p> <p>Never respond to an information request by clicking a link in an email or text. Instead, type the website's URL into the browser yourself.</p> <p>Avoid developing any online patterns of money movement, such as wires, that cyber criminals could replicate to make money movement patterns appear more legitimate.</p>	<p>I've reviewed this topic. <input type="checkbox"/></p> <p>I've taken action. <input type="checkbox"/></p>