

Global Methodist Church

Term Life and Accident Plans

Effective January 1, 2026

Employee Term Life and Accidental Death & Dismemberment (AD&D)	
Employer Paid	
Term Life Coverage Amount	\$50,000*
AD&D Coverage Amount	\$50,000*

Employee Optional Term Life	
Employee Paid	
Coverage Amount	Guaranteed issue is available in flat amounts from \$10,000 to \$50,000 during initial 31-day eligibility period. A flat amount of \$100,000 or one to eight times annual salary are also available with Evidence of Good Health Application .
Coverage Maximum	Lesser of eight times salary or \$750,000*
See Monthly Optional Term Life rates below.	

Spouse Term Life	
Employer Paid – No Evidence of Good Health is required.	
Coverage Amount	\$15,000

Spouse Optional Term Life	
Employee Paid	
Coverage Amount	May select up to 50% of the employee's total life coverage. Must be in a \$5,000 increment.
See Monthly Optional Term Life rates below.	
Evidence of Good Health Application is required.	

Monthly Optional Term Life Rates	
Age	Rate per \$1,000
24 & under	\$0.04
25 – 29	\$0.05
30–34	\$0.06
35–39	\$0.10
40–44	\$0.15
45–49	\$0.25
50–54	\$0.43
55–59	\$0.65
60–64	\$1.03
65+	\$2.25

*Employee Term Life, Employee Optional Term Life, Employee AD&D and Employee Supplemental AD&D benefit amounts reduce at age 65 for active employees to 65% of current amount but will not reduce below \$20,000 of coverage.

Child Life	
Employer Paid	
Coverage Amount	\$10,000 per child
Guaranteed issue is available at initial eligibility; coverage continues to age 26. Application after initial eligibility requires Evidence of Good Health Application .	

Employee Supplemental AD&D	
Employee Paid	
Pays you or your beneficiary if you die or suffer a specified loss (e.g., eyesight, speech, hearing, hand or foot) in an accident	
Available Coverage Amounts	\$25,000 increments up to a maximum of \$500,000*
Rate: \$0.025 per \$1,000 per month	
Participation in the Employee Term Life Plan is not required. Evidence of Good Health is not required for accident plans.	

Spouse Supplemental AD&D	
Employee Paid	
Pays you or your beneficiary if you die or suffer a specified loss (e.g., eyesight, speech, hearing, hand or foot) in an accident	
Spouse can be covered at 50% of the employee's supplemental AD&D coverage.	
Rate: \$0.025 per \$1,000 per month	
Participation in the Employee Term Life Plan is not required. Evidence of Good Health is not required for accident plans.	

The above amounts of coverage are not available for term life and accident coverage to participants working in the following countries: Afghanistan, Algeria, Central African Republic, Chad, Congo, East Timor, Eritrea, Iran, Iraq, Kenya, Lebanon, Pakistan, Somalia, South Sudan, Sudan, Syria, Tanzania, Uganda, Uzbekistan or Yemen.

*Employee Term Life, Employee Optional Term Life, Employee AD&D and Employee Supplemental AD&D benefit amounts reduce at age 65 for active employees to 65% of current amount but will not reduce below \$20,000 of coverage.

Additional Benefits

Life Planning Financial and Legal Resources

Financial, legal and grief support in the event of a death or diagnosis of a terminal illness.

Accelerated Benefits

Allows terminally ill participants with a life expectancy of 12 months or less to receive up to 75% of the death benefit (\$250,000 maximum) prior to death.

Portability or Conversion of Coverage

Employees and their dependents can continue coverage if employment is terminated, or they otherwise lose eligibility.

Add Children Without Underwriting

No underwriting is required to add a dependent child within 60 days of the child's birth, adoption or placement for adoption.

Additional AD&D Benefits

AD&D plan pays additional death benefits if you die traveling more than 100 miles from home while properly wearing a seatbelt or when protected by an airbag. The plan also pays an additional education benefit to each of your qualified, college-age dependents if you die.

Disability Plan

Effective January 1, 2026

IN-NETWORK	Long-Term Disability Plan ¹	Premier
	Elimination period	90 days
	Benefit percentage	Up to 60% of monthly earnings
	Maximum monthly benefit	\$15,000 per month
	Definition of disability	3 years own occupation
	Social Security integration	Self
	Self-reported mental/nervous limitation	24 months
	Rehabilitation & Return to Work Program	Included
	Maximum benefit period	ADEA II

Monthly Rate

Long-term Disability

Monthly rate per \$100 of monthly salary amount \$0.49

For more information regarding the Age Discrimination Employment Act (ADEA), please visit our [Disability FAQs](#).

¹Long-term disability plans are not available to participants working in the following countries: Afghanistan, Algeria, Central African Republic, Chad, Congo, East Timor, Eritrea, Iran, Iraq, Kenya, Lebanon, Pakistan, Somalia, South Sudan, Sudan, Syria, Tanzania, Uganda, Uzbekistan or Yemen.

Maximum Benefit Period

This is the length of time benefits are paid while the employee is disabled and depends on employee's age at the time disability begins. GuideStone® offers a plan with a maximum benefit period option: the Social Security Normal Retirement Age* (SSNRA) (shown below).

SS ADEA	Age At Disability	Maximum Period of Payment
	Less than 62	To SSNRA*
	63	60 months
	64	48 months
	65	36 months
	66	30 months
	67	24 months
	68	18 months
	69 and over	12 months

*The full retirement age is 66 if you were born from 1943 to 1954. The full retirement age increases gradually if you were born from 1955 to 1960 until it reaches 67. For anyone born 1960 or later, full retirement benefits are payable at age 67.

Additional Benefits

These valuable programs are included at no additional cost with your disability plan.

Assist America®

24-hour network of emergency medical and legal resources offering worldwide emergency assistance to active employees and their families who are traveling.

Survivor Benefits

If you die after receiving benefits for 180 or more consecutive days, your survivor receives a lump sum payment of three times your last month's gross disability benefit.

Rehabilitation and Return-to-Work Program

To encourage individuals to return to work as soon as they become physically able, individuals receive an additional benefit for participation in a rehabilitation program.

Unum® Work/Life Balance

Through Unum's work/life balance services, employees will have access to live, one-on-one support, along with resources to help with family, health, life, money, work and legal issues. (Benefit available only for long-term disability.)