The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.GuideStone.org/PlanBooklets. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.HealthCare.gov/sbc-glossary/ or call 1-844-467-4843 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	In-network: $3,000 person. Out-of-network: not covered.	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan, each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible.
Are there services covered before you meet your deductible?	Yes. Preventive care, primary care services, and prescription drugs are covered before you meet your deductible.	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.HealthCare.gov/coverage/preventive-care-benefits/.
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan?	For network providers $9,000 individual / $18,000 family; for out-of-network providers: not covered	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan, they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Copayments for certain services, specialty drug copayments paid by the manufacturer, premiums, health care this plan doesn't cover, and out-of-network balance-billing charges.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a network provider?	Yes. See www.guidestonehealth.org or call 1-855-497-1230 for a list of participating providers.	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist?	No.	You can see the specialist you choose without a referral.

All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	$0 copay/office visit; deductible does not apply	Not covered	Primary care includes retail clinics
	Specialist visit	30% coinsurance	Not covered	----------None----------
	Preventive care/screening/ immunization	No charge for covered services	Not covered	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	30% coinsurance	Not covered	If performed in a primary care or specialist office, primary care or specialist copay applies. Labs and imaging are subject to deductible and coinsurance.
	Imaging (CT/PET scans, MRIs)	30% coinsurance	Not covered	Prior authorization (PA) required for non-emergency advanced imaging procedures (e.g., MRI, CT, PET) performed in an outpatient setting.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.GuideStone.org	Generic drugs	$0 copay for ACA-mandated preventive drugs. Other drugs are not covered	Not covered	Certain contraceptives are not covered.
	Preferred brand drugs			
	Non-preferred brand drugs			
	Diabetic Supplies (Generic, Preferred, Non-preferred)			
	Participating Insulin			
	Specialty drugs			
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	Not covered	----------None----------
	Physician/surgeon fees	30% coinsurance	Not covered	

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	$500 copay, then 30% coinsurance	$500 copay, then 30% coinsurance	----------None----------
	Emergency medical transportation	30% coinsurance	Not covered	Air ambulance always pays at in network level. Other transportation, if an emergency, pays at the in-network level.
	Urgent care	30% coinsurance	Not covered	Labs and imaging are subject to deductible and coinsurance. Prior authorization (PA) for advanced imaging does not apply in inpatient, observation, ER, UC or surgical centers.
If you have a hospital stay	Facility fee (e.g., hospital room)	30% coinsurance	Not covered	----------None----------
	Physician/surgeon fees	30% coinsurance	Not covered	----------None----------
If you need mental health, behavioral health, or substance abuse services	Outpatient services	Not covered	Not covered	----------None----------
	Inpatient services	Not covered	Not covered	----------None----------
If you are pregnant	Office visits	$0 copay	Not covered	Primary care includes retail clinics.
	Childbirth/delivery professional services	30% coinsurance	Not covered	----------None----------
	Childbirth/delivery facility services	30% coinsurance	Not covered	----------None----------
If you need help recovering or have other special health needs	Home health care	30% coinsurance	Not covered	Maximum 30 visits per year.
	Rehabilitation services	30% coinsurance	Not covered	See plan booklet. Limits may apply.
	Habilitation services	30% coinsurance	Not covered	See plan booklet. Limits may apply.
	Skilled nursing care	30% coinsurance	Not covered	Maximum 30 days per year.
	Durable medical equipment	Not covered	Not covered	----------None----------
	Hospice services	30% coinsurance	Not covered	Maximum 180 days per year.

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	See *Preventive Care Schedule* for age limits on child vision screening.
	Children's glasses	Not covered	Not covered	----------None----------
	Children's dental check-up	Not covered	Not covered	See *Preventive Care Schedule* for exceptions.

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion
- Acupuncture
- Allergy testing
- Autism
- Bariatric surgery
- Certain contraceptives
- Cosmetic surgery
- Chiropractic care
- Dental care (Adult)
- Durable medical equipment
- Experimental or investigational treatment
- Hearing/Speech exams
- Immunotherapy
- Infertility treatment
- Long-term care
- Mental health/Substance abuse services
- Private hospital room
- Routine eye care (Adult)
- Routine foot care
- Weight loss program

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Non-emergency care when traveling outside the U.S.
- Prescriptions drugs (ACA-mandated preventive drugs only)
- Hearing aids
- Private-duty nursing

Your Rights to Continue Coverage: Church plans are not covered by the federal COBRA continuation coverage rules. Other options to continue coverage are available to you, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: MyQHealth Care Coordinators at 1-855-497-1230 or visit www.guidestonehealth.org.

Does this plan provide Minimum Essential Coverage? **Yes**

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

For seminary students: This plan is Minimum Essential Coverage only if you are (1) an ordained, commissioned or licensed minister or (2) a paid employee of a Southern Baptist employer, or approved evangelical ministry, working 20 or more hours/week.

Does this plan meet the Minimum Value Standards? **No**

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **1-844-INS-GUIDE** (1-844-467-4843).
Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **1-844-INS-GUIDE** (1-844-467-4843).
Chinese (中文): **如果需要中文的帮助**，请拨打这个号码 **1-844-INS-GUIDE** (1-844-467-4843).
Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' **1-844-INS-GUIDE** (1-844-467-4843).

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

About these Coverage Examples:

This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby
(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	$3,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Specialist Office visits (*prenatal care)*
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (*ultrasounds and blood work)*
Specialist visit *(anesthesia)*

Total Example Cost	**$12,700**

In this example, Peg would pay:

Cost Sharing	
Deductibles	$3,000
Copayments	$0
Coinsurance	$2,900
What isn't covered	
Limits or exclusions	$0
The total Peg would pay is	**$5,900**

Managing Joe's type 2 Diabetes
(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	$3,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Primary care physician Office visits (*including disease education)*
Diagnostic tests *(blood work)*
Prescription drugs
Durable medical equipment *(glucose meter)*

Total Example Cost	**$5,600**

In this example, Joe would pay:

Cost Sharing	
Deductibles	$400
Copayments	$0
Coinsurance	$0
What isn't covered	
Limits or exclusions	$800
The total Joe would pay is	**$1,200**

Mia's Simple Fracture
(in-network emergency room visit and follow up care)

The plan's overall deductible	$3,000
Specialist copayment	30%
Hospital (facility) coinsurance	30%
Other coinsurance	30%

This EXAMPLE event includes services like:
Emergency room care *(including medical supplies)*
Diagnostic tests *(x-ray)*
Durable medical equipment *(crutches)*
Rehabilitation services *(physical therapy)*

Total Example Cost	**$2,800**

In this example, Mia would pay:

Cost Sharing	
Deductibles	$2,500
Copayments	$0
Coinsurance	$0
What isn't covered	
Limits or exclusions	$200
The total Mia would pay is	**$2,700**

The plan would be responsible for the other costs of these EXAMPLE covered services.