

2025 International Staff Medical, Dental & Vision Monthly Premiums Effective 01/01/25

Cigna Global Heath 1500 (HSA Qualified) Medical Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
TEAM Cost	\$393.14	\$750.54	\$713.02	\$1,125.81
Personal Cost	\$53.61	\$142.96	\$135.81	\$214.44
Total Cost	\$446.75	\$893.50	\$848.83	\$1,340.25
MCP* Cost	\$455.69	\$911.37	\$865.81	\$1,367.06

Cigna Global Heath 3500 Medical Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
TEAM Cost	\$314.13	\$599.71	\$569.73	\$899.57
Personal Cost	\$42.84	\$114.23	\$108.52	\$171.35
Total Cost	\$356.97	\$713.94	\$678.25	\$1,070.92
MCP* Cost	\$364.11	\$728.22	\$691.82	\$1,092.34

Cigna Global Dental Dental Coverage Rates				
	Employee (EE) Only	EE + Spouse	EE + Child(ren)	EE + Family
Personal Cost				
Plus Plan	\$33.95	\$70.59	\$70.95	\$121.14
MCP* Cost	\$34.63	\$72.00	\$72.37	\$123.56
Basic Plan	\$25.16	\$49.99	\$50.24	\$91.87
MCP* Cost	\$25.66	\$50.99	\$51.24	\$93.71

VSP Vision Coverage Rates				
	Employee (EE) Only	EE + One		EE + Family
Personal Cost				
VSP Choice	\$8.04	\$11.65		\$20.90
MCP* Cost	\$8.20	\$11.88		\$21.32

*MCP is GuideStone's Medical Continuation Provision program for the continuation of coverage for terminating employees under age 65.

09/30/24