Protect yourself and your family from COVID-19
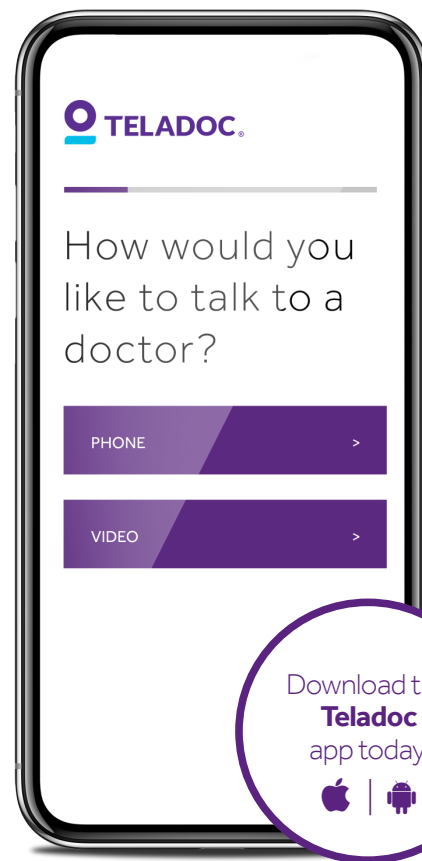
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In response to COVID-19 outbreak, for a limited time, member copays will be waived for any Teladoc general medical visit by phone or video for any condition.

COVID-19 is a respiratory illness caused by a coronavirus that was first identified in China. It is contagious and includes symptoms like fever, cough, and shortness of breath. U.S. health officials have advised that Americans should be prepared for significant disruption due to the COVID-19 outbreak.

1   Keep it clean
Clean your hands with soap and water for 20 seconds after being in public areas, and if you're around someone who isn't feeling well. Also, clean frequently touched objects.

2   Avoid contact with sick people
Avoid close contact with people who are sick and avoid traveling to locations where there are outbreaks of the coronavirus. And if you get sick, stay home to avoid spreading the virus to others.

3   Contact Teladoc
Teladoc doctors can answer questions about the disease, evaluate your risk, and provide support by a phone or video call to help relieve symptoms for affected patients,

Visit *Teladoc.com/Coronavirus* for additional information.
Teladoc is available on US-based Highmark Blue Cross Blue Shield GuideStone plans.

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PHONE   >

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*To confirm if you are eligible to have your member copay waived, log in to your Teladoc account via web or app and request a visit to confirm your cost.

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