## Don't let sickness slow you down.

Get care by phone or video 24/7.







# Teladoc Health is included in your health benefits.

We're here to help you and your family feel better while traveling, at work, or at home—day or night. Wherever you are, you've got access to providers all year long by phone or video



#### Get treated for:

- Flu
- Sore throats
- Pink eye

programs and services are subject to applicable terms and conditions

- Bronchitis
- Sinus infections
- Rashes
- Allergies
- And more

#### How it works:

- 1. Download the app, go online or call us to set up your account or log in
- 2. Complete or update a brief medical history
- 3. Request a visit and talk to a provider within minutes

### Get Care 24/7

Visit Teladoc.com/GuideStone Call 1-800-TELADOC (800-835-2362) | Download the app ∉ | ●

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