

GUIDESTONE

Retirement Income Solutions



VISIT [GuideStone.org/RetirementIncome](https://www.GuideStone.org/RetirementIncome)
and log in to complete an online version
of this helpful resource.



GuideStone®

Congratulations for taking control of your future.

Choosing your retirement strategy is a crucial element in developing a plan for a secure retirement. This is an important milestone, and we want to congratulate you for taking a proactive approach toward your future. We believe this workbook will reward your effort by helping you to start and stay on the path to your goals.

Why You Need a Good Retirement Strategy

Without a strategy, you could end up making plans that aren't realistic, or worse, cause you to outlive your retirement income. You don't want that to happen, and neither do we. That's why we want to help you develop a solid strategy; one that will give you financial confidence as you step into retirement.

But what does a good strategy look like? Generally, it's built on a three-part foundation:

- 1. Considers longevity:** Outliving retirement income is one of the biggest concerns for most retirees. So, having a strategy that provides a dependable income stream for the remainder of your life (and your spouse's life) is crucial.
- 2. Adjusts for inflation:** Historically, inflation has risen by about 3.8% per year.¹ Since the average person can spend anywhere from 20–30 years in retirement, it's certainly a factor you should account for in your strategy.
- 3. Includes loved ones:** Your spouse. Your children. Your grandchildren. There are many people to think about when planning for your retirement income. Consider this: If you precede your spouse in death, what retirement income will he or she have to depend upon?

How GuideStone Will Help

GuideStone® will be here for you every step of the way. Enhancing our members' financial security has been part of our core mission for more than 100 years. If you have questions or need additional assistance, you may reach a customer solutions specialist at Info@GuideStone.org or **1-888-98-GUIDE** (1-888-984-8433), Monday through Friday, from 7 a.m. and 6 p.m. CT.

One final note we'd like you to remember: The core focus of this workbook is **you**. It's about providing the right options for your situation, and we want you to be confident about the choices you make. There is no pressure to make any hurried decisions. Simply weigh your options with care, call us with any questions and make the choices that fit your goals.

¹ <https://www.WorldData.info/america/usa/inflation-rates.php>

SECTION 1:

ADDRESS YOUR INCOME AND EXPENSES



One of the first steps to developing a successful retirement income strategy is to estimate your income needs and expenses before and during retirement. Use our Retirement Budget Worksheet to calculate your estimates and help determine the surplus or shortfall of income that you're on track to have during retirement.

But, before you plan your retirement income budget, consider these questions.

- 1. Can I roll them over in MyGuideStone®?** Yes. Contact a rollover specialist at **1-888-98-GUIDE** (1-888-984-8433) to get started today.
- 2. How long will my retirement income have to last?** Many retirees underestimate the amount of time that they will spend in retirement. **Studies show that for couples age 65, there is a 60% chance one spouse will live to age 85.**² The right strategy will help ensure you or your spouse does not outlive your retirement income.

²Society of Actuaries Longevity Calculator (LongevityIllustrator.org). Calculation assumes a man and woman born October 28, 1959, nonsmoking and with average health.

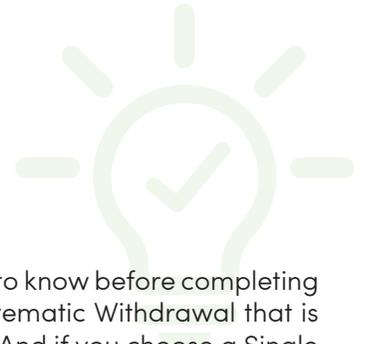
RETIREMENT BUDGET WORKSHEET



EXPENSES (MONTHLY)	DURING RETIREMENT
ESSENTIAL EXPENSES	
Housing	
Utilities	
Food	
Health Care	
Family Care	
Transportation	
Personal	
Tithe/Charitable	
Savings	
Taxes	
Other Essential Expenses	
TOTAL ESSENTIAL EXPENSES	
NONESSENTIAL EXPENSES	
Recreational and Entertainment	
Eating Out	
Travel and Vacation	
Other Nonessential Expenses	
TOTAL NONESSENTIAL EXPENSES	
TOTAL MONTHLY EXPENSES	

INCOME (MONTHLY)	
TOTAL LIFETIME INCOME	
Your Social Security	
Your Spouse's Social Security	
Household Annuity Income	
Household Pension Income	
TOTAL LIFETIME INCOME (ADD ABOVE FIELDS)	
OTHER INCOME (PART-TIME WORK, RENTAL PROPERTY, ETC.)	
TOTAL MONTHLY INCOME (BEFORE TAXES) (Total Lifetime Income + Other Income)	
TOTAL MONTHLY RETIREMENT INCOME NEED (Total Monthly Income - Total Monthly Expenses)	

SECTION 2: UNDERSTAND YOUR OPTIONS



This section provides specific details about retirement income options you may need to know before completing your *Retirement Income Application*. Please keep in mind that if you choose a Systematic Withdrawal that is payable **for 10 years or more**, your income is subject to voluntary withholding rules. And if you choose a Single Sum Payment or Systematic Withdrawal that is payable for less than 10 years, your income will be subject to the mandatory 20% withholding rules.

How does a GuideStone Systematic Withdrawal option work?

The Systematic Withdrawal Plan provides income for a specified period of time (until the funds are exhausted or until written notification to cancel the plan is received). The monthly distribution is determined by the amount, percentage or period that you designate on the *Retirement Income Application*. This distribution may be changed or discontinued at your request by completing a *Systematic Withdrawal Change Form*, which you can request by calling GuideStone.

There are three basic ways to receive your systematic withdrawals:

- ✳ **Equal distributions of a specified amount:** A minimum of \$50 is required, but you choose the amount you want deducted from your balance each month.
- ✳ **Percentage of total vested contribution amount:** This option will provide income that varies from month to month (due to market fluctuations). The distributions amount is calculated by taking the annual percentage, dividing it by 12 to get a monthly rate, then multiplying the monthly percentage by the total account balance. If the total account value drops below \$1,000, the entire account value may be distributed as a single sum.
- ✳ **Paid out over a specified period of time:** Your distribution amount will vary from month to month (due to market fluctuations) and is calculated by dividing the total account value by the remaining number of distributions.

Example: Tom is single, age 65 and retiring at this time, so he decides to set up a Systematic Withdrawal Plan for \$100,000 of his account value. The chart below shows what his monthly distributions will look like for each of the three options described above.

SYSTEMATIC PAYOUT OPTION	CALCULATION METHOD	MONTHLY INCOME
Equal monthly distributions (Tom wants \$500/month)	Equal distributions	\$500 until funds are exhausted
Percentage of vested contribution amounts (Tom selects 4%)	$(\$100,000 \times 4\%) \div 12$	\$333 (will vary each month)
Paid out over a specified time (Tom selects 15 years)	$\$100,000 \div 180 \text{ months}$	\$555 (will vary each month)

Most experts recommend starting your withdrawal rate at no more than 4% of your account balance annually to reduce the chances of running out of money. It's also important to make sure your portfolio is appropriately allocated to help you reach your retirement goals. To see if you may need to make changes to become appropriately allocated, contact our Customer Solutions team to learn more about retirement income options.

How does a GuideStone Single Sum Withdrawal work?

A Single Sum withdrawal provides all or part of your retirement account balance to you in one distribution. Your employer's plan may limit a Single Sum withdrawal to only a portion of your vested Employer Contributions Account. Many participants use this option to cover emergency expenses, such as major repairs or major medical expenses.

Single Sum Withdrawal

Single Sum withdrawals can create adverse tax consequences (talk to your tax advisor for more details). Also, the distributions can only be withdrawn from an accumulations account and not from an established annuity.

The decisions you're making now may impact the rest of your life. We don't want you to rush into any decision, and we stand ready to help you fully understand your options.



It is important to note that your account remains invested while you take two withdrawals with these options. You will need to be comfortable with the risk level of your investments, and you will be responsible for all investment decisions.

SECTION 3:

COMMON QUESTIONS



1.

What if my expenses exceed my retirement income?

Do you find that you don't have enough to cover all your expenses with your retirement income? First, don't despair. This is a common problem for many Americans, so you are hardly alone. There are several things to look at first:

- ✓ **Have you considered all sources of income?**
 - Social Security (including spouse's Social Security)
 - Any pension plans for which you or your spouse may qualify
 - Personal savings
 - Other retirement accounts (IRAs, 401(k) plans, etc.)
- ✓ **Have you considered other ways to generate income during retirement?**
 - Turning a hobby into a money-making opportunity
 - Continuing to work on a full- or part-time basis or serve as a consultant
 - Retiring to an area with lower cost of living
 - Reducing expenses by moving to a less expensive home
 - Disposing of unused assets

You may also want to consider delaying vocational retirement. **There may be several benefits to continuing your career:**

- ✓ **Social Security:** Delaying social security until age 70 may be appropriate and could provide you with a higher starting benefit as well as a higher annual increase. It is also important to consider that, while some Social Security benefits can begin as early as age 62, full retirement age for the oldest baby boomers is age 66 and for younger baby boomers (and anyone born after 1960), full retirement age is 67.
- ✓ **Savings:** Continued employment allows you more time to contribute to your retirement plan and for your investments to potentially grow. It may also reduce the number of years you need to stretch your retirement investments.
- ✓ **Health Care Coverage:** Many employers may continue health care benefits for you as you work. This can be especially important if you are retiring before becoming Medicare-eligible.

Retirement can still very much be a part of your plans; it just may require fine-tuning your goals to make it a comfortable reality.

2.

How early can I begin receiving retirement income from my account?

Normally, you may begin receiving your income upon termination of service. However, some employers may provide other early retirement dates.

3.

When should I complete my application for a retirement income benefit?

You should return your completed application to GuideStone prior to the beginning of the month in which you plan to receive your first retirement income distribution (e.g., in June for income beginning in July).

4.

When can I expect to get my first retirement income check?

If the effective date of your retirement income option is June 1, you can expect to receive your first distribution at the end of June, provided your completed application is received at GuideStone in a timely manner and in good order.

5.

Is my retirement income taxable?

Generally, benefits provided by the employer, earnings on tax-paid contributions and tax sheltered contributions plus all earnings, are taxable. Retirement income provided by tax-paid contributions, Roth elective deferrals contributions and Roth elective deferrals earnings (if a qualified distribution) are not taxable.

Ministers for Tax Purposes may have additional tax savings by claiming all or part of their retirement income as a minister's housing allowance.

6.

Can I designate my retirement income as a housing allowance?

If you are an eligible retired Minister for Tax Purposes, you may request to designate all or a portion of your retirement income as a housing allowance. A housing allowance can be used for a distribution only when that distribution relates to contributions made as a result of earnings from service as a minister. Ministers who receive retirement income distributions but continue their service in the ministry may have to pay SECA taxes on the part of their retirement income that is designated as housing. Ministers must comply with other IRS rules regarding housing allowance. If you have any questions about these rules, please consult a tax advisor.

You can make or change a housing allowance designation at any time by contacting GuideStone. For more information about who is a Minister for Tax Purposes, GuideStone distributions can access our annual *Ministers' Tax Guide* available at [GuideStone.org/TaxGuide](https://www.guidestone.org/TaxGuide) or call **1-888-98-GUIDE** (1-888-984-8433) to request a free copy. For additional information on unique tax issues for ministers, request a copy of *Ministerial Tax Issues*.

7.

I do not plan to retire at age 65. Must I begin receiving my retirement income then?

No. The law generally requires you to start taking withdrawals from your retirement plan when you reach age 73 (unless born before January 1, 1951). Additionally, you can delay receiving retirement income distributions if you are still working.

8.

What happens to the money in my contributions accounts if I die before I retire?

The accumulated balance (all contributions and earnings) is payable to your designated beneficiary.

9.

What happens to my retirement income distributions if I return to work?

If you return to work, your retirement income distributions will continue to be paid to you as re-employment does not cause retirement income distributions to stop. However, you can always elect to receive a systematic withdrawal.

10.

What happens to the money in my retirement accounts if my designated beneficiary and I both die before I retire?

If none of the beneficiaries (primary or secondary) you have named are living, the balance in your account is paid to the beneficiaries designated under the plan. For most plans, if no beneficiary is designated, the spouse is the primary beneficiary and the estate is the secondary beneficiary.

11.

What other rules apply to a beneficiary designation?

When you die, if you have not designated a beneficiary or if no named beneficiary survives you, the plan(s) provide who your beneficiary will be:

Divorce: If you name your spouse as beneficiary and subsequently divorce, your retirement plan may nullify this designation. In some instances, the divorce decree will specify that you must maintain your former spouse as a beneficiary, so you would need to rename your former spouse as beneficiary. Regardless, we strongly encourage you to understand the rules applicable to your retirement plan and to file a new beneficiary designation immediately following a divorce settlement.

Minors: GuideStone cannot make distributions directly to a minor. Generally, a probate court would have to appoint a guardian to receive and administer the distributions for the minor.

Trusts: Use of a trust as a beneficiary may have some unexpected consequences at your death. Unless your trust meets certain qualifications, your trust will not be considered a designated beneficiary for purposes of required minimum distributions (RMDs). This means that distribution options available to your trust may be limited. The person creating your trust should be able to provide you with information concerning whether your trust meets the qualifications to be considered a designated beneficiary for RMDs. You must provide the full legal name of the trust.

Organizations: If you designate your employer as beneficiary, you must designate a specific fund of the employer, such as a building fund. If you designate a nonprofit organization as beneficiary, you must provide the full legal name and address of the nonprofit organization. Designation of an organization as beneficiary may limit your distribution options.

Estate: The wording to designate your estate as beneficiary is “my estate” or “the estate of (your name).” Designation of your estate as beneficiary may limit your distribution options.

This information is provided for educational purposes only and should not be construed as financial, tax, or legal advice. We encourage you to consult with your own financial, tax, and legal advisors regarding your unique needs and goals.

NEXT STEPS

Fill out the [Retirement Income Application](#) to start receiving your retirement income from GuideStone. If you still have questions, you may reach a customer solutions specialist by contacting us at Info@GuideStone.org or **1-888-98-GUIDE** (1-888-984-8433), Monday through Friday, from 7 a.m. to 6 p.m. CT.



1-888-98-GUIDE (1-888-984-8433)



[GuideStone.org/RetirementIncome](https://www.GuideStone.org/RetirementIncome)



Info@GuideStone.org

Checklist

RETIREMENT INCOME SOLUTIONS

- Read through *Retirement Income Solutions Workbook*.
- Complete a *Retirement Income Estimate* in MyGuideStone®.
- Complete and sign your *Retirement Income Application*.
- Complete your *Beneficiary Designation Form* online.
- Complete your *Rollover Application* to consolidate other retirement accounts with GuideStone (if needed).



GuideStone®