

Plan Ahead

and Maximize Your Plan

Your GuideStone health plan includes a robust schedule of preventive care services.

Here's a simple five-step plan for accessing them.

1

Focus on the *Preventive Schedule*

- Download your *Preventive Schedule* by visiting [GuideStone.org/PreventiveSchedule](https://www.GuideStone.org/PreventiveSchedule).
- Review the services available to you based on your age and gender.
- Get paid to shop for your preventive care mammograms and colonoscopies. Learn about [SmartShopper®*](#).

2

Stay in Your Network

- Access provider information at [MyHighmark.com](https://www.MyHighmark.com).
- Use [these instructions](#) for assistance.

3

Schedule an Appointment

- Tell the provider you are coming in for preventive services.
- Bring a copy of your *Preventive Schedule* with you.

4

Plan For Follow-Up

- Schedule follow-up appointments if necessary.
- Understand that any treatment administered in subsequent appointments will be subject to your standard coverage rules, not the *Preventive Schedule*.

5

Monitor Your *Explanation of Benefits (EOB) Statements*

- Review your statements when they arrive.
- If there are any issues, work with your provider or contact [Highmark Well360 Team](#) to assure the procedures were submitted with the accurate information.

What's the difference between preventive care and diagnostic visits?

Learn how the codes on your claims determine how your benefits are paid at [GuideStone.org/PreventiveClaims](https://www.GuideStone.org/PreventiveClaims).