




The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.GuideStone.org/PlanBooklets. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.HealthCare.gov/sbc-glossary/> or call 1-844-467-4843 to request a copy.

| Important Questions | Answers | Why This Matters: |
|---|--|---|
| What is the overall deductible ? | In-network: \$3,000 person / \$5,000 family. Out-of-network: \$5,000 person / \$10,000 family. | Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible . |
| Are there services covered before you meet your deductible ? | Yes. Preventive care , primary care services, office visits and prescription drugs are covered before you meet your deductible . | This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible . See a list of covered preventive services at https://www.HealthCare.gov/coverage/preventive-care-benefits/ . |
| Are there other deductibles for specific services? | No. | You don't have to meet deductibles for specific services. |
| What is the out-of-pocket limit for this plan ? | For network providers \$6,000 individual / \$12,000 family; for out-of-network providers \$25,000 individual / \$30,000 family. | The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met. |
| What is not included in the out-of-pocket limit ? | Copayments for certain services, specialty drug copayments paid by the manufacturer, premiums , health care this plan doesn't cover, and out-of-network balance-billing charges. | Even though you pay these expenses, they don't count toward the out-of-pocket limit . |
| Will you pay less if you use a network provider ? | Yes. See www.guidestonehealth.org or call 1-855-497-1230 for a list of participating providers. | This plan uses a provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use an out-of-network provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services. |
| Do you need a referral to see a specialist ? | No. | You can see the specialist you choose without a referral . |

 All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|--|--|---|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you visit a health care provider's office or clinic | Primary care visit to treat an injury or illness | \$25 copay /office visit | 50% coinsurance | -----None----- |
| | Specialist visit | \$45 copay /office visit | 50% coinsurance | -----None----- |
| | Preventive care/screening/immunization | No charge for covered services | Not covered | You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for. |
| If you have a test | Diagnostic test (x-ray, blood work) | 20% coinsurance | 50% coinsurance | If performed in a primary care or specialist office, primary care or specialist copay applies. |
| | Imaging (CT/PET scans, MRIs) | 20% coinsurance | 50% coinsurance | Prior authorization (PA) required for non-emergency advanced imaging procedures (e.g., MRI, CT, PET) performed in an outpatient setting. |
| If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.GuideStone.org | Generic drugs | \$15 copay /prescription retail \$30 copay /prescription mail | 100% of drug cost. Upon manual claim form submission, you will be reimbursed based on plan benefits and allowable charges for covered drugs. | Covers up to 30-day supply retail and 90-day supply mail order. The difference in cost of brand drugs over available generic drugs is a non-covered penalty. A \$10 penalty will apply after the second 30-day retail fill of maintenance drugs. See plan booklet for more details. The above penalties do not accumulate toward the deductible or out-of-pocket limits . Certain contraceptives are not covered. |
| | Preferred brand drugs | \$50 copay /prescription retail \$100 copay /prescription mail | | |
| | Non-preferred brand drugs | \$75 copay /prescription retail \$150 copay /prescription mail | | |
| | Diabetic Supplies (Generic, Preferred, Non-preferred) | \$20 copay /prescription mail | | Covers up to a 90-day supply. |
| | Participating Insulin | \$75 copay /prescription mail | | Covers up to a 90-day supply. Insulin copay applies to select insulin products whose manufacturers have chosen to participate in the Patient Assurance Program. |
| | Specialty drugs | Generic: \$50 copay /prescription Preferred: \$75 copay /prescription Non-preferred: \$100 copay /prescription | | Covers up to a 30-day supply. Copayments for certain specialty medications will be set to the maximum available manufacturer copay assistance and be paid by the manufacturer. |

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|--|---|---|--|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If you have outpatient surgery | Facility fee (e.g., ambulatory surgery center) | 20% coinsurance | 50% coinsurance | -----None----- |
| | Physician/surgeon fees | 20% coinsurance | 50% coinsurance | -----None----- |
| If you need immediate medical attention | Emergency room care | 20% coinsurance after \$250 copay | 20% coinsurance after \$250 copay | -----None----- |
| | Emergency medical transportation | 20% coinsurance | 50% coinsurance | Air ambulance always pays at the in network level. If an emergency, other transportation types pay at the in-network level and waives deductible . |
| | Urgent care | \$50 copay /visit | 50% coinsurance | -----None----- |
| If you have a hospital stay | Facility fee (e.g., hospital room) | 20% coinsurance | 50% coinsurance after \$500 copay | -----None----- |
| | Physician/surgeon fees | 20% coinsurance | 50% coinsurance | -----None----- |
| If you need mental health, behavioral health, or substance abuse services | Outpatient services | \$25 copay /visit | 50% coinsurance | -----None----- |
| | Inpatient services | 20% coinsurance | 50% coinsurance after \$500 copay | Precertification may be required. |
| If you are pregnant | Office visits | \$25 copay /visit | 50% coinsurance | -----None----- |
| | Childbirth/delivery professional services | 20% coinsurance | 50% coinsurance | -----None----- |
| | Childbirth/delivery facility services | 20% coinsurance | 50% coinsurance after \$500 copay | -----None----- |
| If you need help recovering or have other special health needs | Home health care | 20% coinsurance | 50% coinsurance | Maximum 120 visits per year. |
| | Rehabilitation services | 20% coinsurance | 50% coinsurance | See plan booklet. Limits may apply. |
| | Habilitation services | 20% coinsurance | 50% coinsurance | See plan booklet. Limits may apply. |
| | Skilled nursing care | 20% coinsurance | 50% coinsurance | Maximum 30 days per year. |
| | Durable medical equipment | 20% coinsurance | 50% coinsurance | Rental or purchase option determined by the claims administrator. Rental costs cannot exceed the total cost of purchase. |
| | Hospice services | 20% coinsurance | 50% coinsurance | -----None----- |

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| Common Medical Event | Services You May Need | What You Will Pay | | Limitations, Exceptions, & Other Important Information |
|---|----------------------------|--|--|---|
| | | Network Provider (You will pay the least) | Out-of-Network Provider (You will pay the most) | |
| If your child needs dental or eye care | Children's eye exam | \$25 copay /visit | 50% coinsurance | See <i>Preventive Care Schedule</i> for age limits on child vision screening. |
| | Children's glasses | Not covered | Not covered | -----None----- |
| | Children's dental check-up | Not covered | Not covered | See <i>Preventive Care Schedule</i> for exceptions. |

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Abortion
- Acupuncture
- Certain contraceptives
- Cosmetic surgery
- Dental care (Adult)
- Experimental or investigational treatment
- Infertility treatment
- Long-term care
- Private-duty nursing
- Private hospital room
- Routine foot care
- Weight loss program

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Routine eye care (Adult)
- Chiropractic care — limited to 12 visits per year
- Non-emergency care when traveling outside the U.S.
- Hearing Aids

Your Rights to Continue Coverage: Church plans are not covered by the federal COBRA continuation coverage rules. Other options to continue coverage are available to you, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: MyQHealth Care Coordinators at 1-855-497-1230 or visit www.guidestonehealth.org.

Does this plan provide Minimum Essential Coverage? Yes

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Essential Coverage](#), you may not be eligible for the [premium tax credit](#).

For seminary students: This plan is Minimum Essential Coverage only if you are (1) an ordained, commissioned or licensed minister or (2) a paid employee of a Southern Baptist employer, or approved evangelical ministry, working 20 or more hours/week.

Does this plan meet the Minimum Value Standards? Yes

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al **1-844-INS-GUIDE** (1-844-467-4843).

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa **1-844-INS-GUIDE** (1-844-467-4843).

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 **1-844-INS-GUIDE** (1-844-467-4843).

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' **1-844-INS-GUIDE** (1-844-467-4843).

————— *To see examples of how this [plan](#) might cover costs for a sample medical situation, see the next section.* —————

[* For more Information about limitations and exceptions, see the plan or policy document at www.GuideStone.org/PlanBooklets.]

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

| | |
|---|---------|
| ■ The plan's overall deductible | \$3,000 |
| ■ Specialist copayment | \$45 |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

[Specialist](#) Office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (*ultrasounds and blood work*)
[Specialist](#) visit (*anesthesia*)

| | |
|---------------------------|-----------------|
| Total Example Cost | \$12,700 |
|---------------------------|-----------------|

In this example, Peg would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$3,000 |
| Copayments | \$70 |
| Coinsurance | \$1,900 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Peg would pay is | \$4,970 |

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

| | |
|---|---------|
| ■ The plan's overall deductible | \$3,000 |
| ■ Specialist copayment | \$45 |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

[Primary care physician](#) Office visits (*including disease education*)
[Diagnostic tests](#) (*blood work*)
[Prescription drugs](#)
[Durable medical equipment](#) (*glucose meter*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$5,600 |
|---------------------------|----------------|

In this example, Joe would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$100 |
| Copayments | \$1,000 |
| Coinsurance | \$0 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Joe would pay is | \$1,100 |

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

| | |
|---|---------|
| ■ The plan's overall deductible | \$3,000 |
| ■ Specialist copayment | \$45 |
| ■ Hospital (facility) coinsurance | 20% |
| ■ Other coinsurance | 20% |

This EXAMPLE event includes services like:

[Emergency room care](#) (*including medical supplies*)
[Diagnostic tests](#) (*x-ray*)
[Durable medical equipment](#) (*crutches*)
[Rehabilitation services](#) (*physical therapy*)

| | |
|---------------------------|----------------|
| Total Example Cost | \$2,800 |
|---------------------------|----------------|

In this example, Mia would pay:

| <i>Cost Sharing</i> | |
|-----------------------------------|----------------|
| Deductibles | \$2,100 |
| Copayments | \$400 |
| Coinsurance | \$70 |
| <i>What isn't covered</i> | |
| Limits or exclusions | \$0 |
| The total Mia would pay is | \$2,570 |

The [plan](#) would be responsible for the other costs of these EXAMPLE covered services.